**Content for ACNE TREATMENT Webpage**

**Hero Section**

**Acne Treatment in Pune - Clear Skin, Real Confidence with The Skin Firm**  
Expert dermatologist-led solutions for pimples, acne scars & breakouts.  
**CTA:** Book Your Acne Consultation Today →

**What Is Acne?**

Acne is a common skin condition that occurs when hair follicles get clogged with oil, dead skin cells, and bacteria. This leads to pimples, blackheads, whiteheads, or deeper, painful bumps that may cause scarring or pigmentation if left untreated.

**Signs & Symptoms of Acne**

* Whiteheads (closed clogged pores)
* Blackheads (open clogged pores)
* Small red, tender bumps (papules)
* Pimples with pus (pustules)
* Large, painful lumps under the skin (nodules)
* Cystic lesions filled with pus (cysts)
* Oily skin and shiny appearance
* Redness, swelling, or inflammation
* Dark spots or scars after breakouts

**Why Choose Acne Treatment at The Skin Firm?**

Struggling with breakouts, acne scars, or oily skin? We know how frustrating it feels to hide blemishes with makeup, avoid photos, and try endless products without success.

At The Skin Firm, we treat acne at its root - whether it’s hormonal imbalance, excess oil, inflammation, or clogged pores - so you can finally enjoy smooth, confident skin.

Recognized as one of the **best dermatologists for acne in Pune**, Dr. Karishma Singh leads every treatment plan with care and precision. As a trusted **acne care clinic in Pune**, we provide safe, advanced, and proven solutions for every skin type.

**How Our Acne Treatment Works**

**Step 1 - Skin Consultation & Analysis**  
A detailed assessment of your acne type, severity, and triggers.

**Step 2 - Personalised Acne Care Plan**  
Your customised plan may include medicated facials, **chemical peel for acne in Pune**, laser therapy, LED light therapy, or a combination approach.

**Step 3 - Advanced Procedure**  
Sessions are comfortable, with minimal downtime. Treatments may include deep cleansing, gentle exfoliation, targeted active ingredients, and **laser treatment for acne scars in Pune** to accelerate healing and prevent recurrence.

**Step 4 - Aftercare & Maintenance**  
We equip you with dermatologist-approved skincare and lifestyle guidance to maintain clear skin long-term.

**Types of Acne & Pimples Treatments We Offer in Pune**

* **Medicated Facials** - for acne-prone and congested skin
* **Chemical Peels** **for Acne in Pune** - for active acne & post-acne marks
* **Laser Treatment for Acne Scars in Pune** - for stubborn pimples & scars
* **LED Light Therapy** - reduces inflammation & redness
* **Pimples Treatment in Pune** - targeted solutions for frequent or severe breakouts
* **Combination Treatments** - designed for your unique skin

**Benefits of Acne Treatment at The Skin Firm**

* Clears active acne and prevents new breakouts
* Reduces redness, swelling & inflammation
* Fades post-acne marks and pigmentation
* Controls excess oil, improves texture & tone
* Boosts confidence with clear, radiant skin

**Downtime After Acne Treatments**

* **Minimal to No Downtime** - resume normal activities immediately
* **Mild Redness** - lasts a few hours post-treatment
* **Peeling/Flaking** - possible for 2-5 days depending on procedure
* **Sun Sensitivity** - requires SPF for at least 48 hours
* **Avoid Makeup & Heat** - skip makeup, gym, saunas for 24 hours

**Post-Care After Acne Treatments**

* Avoid touching or picking your skin
* Use a gentle, non-exfoliating cleanser for 3 days
* Apply sunscreen daily to avoid pigmentation
* Skip workouts & saunas for 24 hours
* Pause retinol/strong actives for 3-5 days

**Why The Skin Firm is Pune’s Trusted Acne Clinic**

* **Dermatologist-Led Expertise** - Dr. Karishma Singh, MD (Dermatology)
* **Personalised Treatment Plans** - no one-size-fits-all
* **Advanced Technology** - medical-grade, safe & effective
* **Proven Track Record** - thousands of happy acne-free patients
* **Safety First** - evidence-based, dermatologist-approved care

**Real Acne Transformations (Before & After)**

Swipe through real patient journeys that show reduced breakouts, calmer skin, and fading post-acne marks over time. *(Insert gallery carousel from this service.)*

**Patient Testimonials for Acne & Pimples Treatment Pune**

“I had been struggling with stubborn acne for years. After starting acne treatment at The Skin Firm, NIBM, Pune, the breakouts reduced drastically, and my skin finally feels healthy and confident again.”

“The team explained every step of the treatment clearly. Within a few sessions that I took at The Skin Firm Clinic located at Mohammad Wadi, I noticed visible improvement - not just fewer pimples but also clearer, brighter skin overall.”

**Related Acne & Pimples Treatment Videos**

Watch Dr. Karishma explain how we personalise acne care and see what to expect in a session. *(Embed explainer/demo if available.)*

**Who Can Benefit from Our Acne Treatments?**

* Teenagers with active acne or oily skin
* Adults struggling with recurring breakouts
* Anyone with acne scars or pigmentation
* Safe for all skin tones and skin types

**FAQs on Acne Treatment in Pune**

* **How long does an acne treatment session last?**  
  Most sessions take 45-60 minutes.
* **Is there downtime?**  
  Minimal to none; only slight redness or peeling in some cases.
* **When will I see results?**  
  Noticeable improvement in 2-3 weeks; best results after completing your plan.
* **How many sessions do I need?**  
  Usually 4-8 sessions spaced 2-4 weeks apart, depending on severity.
* **Is acne treatment safe for darker skin tones?**  
  Yes-our treatments are safe and customised for all skin tones.

**Patients Visit Us From Across Pune**

At The Skin Firm, we proudly serve patients not only from **Mohammad Wadi** and **NIBM Road**, but also from several nearby areas in Pune who visit us for trusted acne treatment, skin care, and hair solutions. Many of our patients travel to our clinic from: **Camp, Undri, Pisoli, Kondhwa, Hadapsar, Wanowrie, Handewadi, Lullanagar,** & many other far locations in Pune as well.

Our convenient location makes it easy for people across **South Pune** and **Central Pune** to access advanced acne treatments and other dermatology services under the expert care of Dr. Karishma Singh.

**Book Your Acne Consultation at The Skin Firm, NIBM, Mohammad Wadi, Pune**

**Don’t let acne hold back your confidence.** At The Skin Firm, we understand how breakouts and scars can affect not just your skin, but also the way you feel about yourself. With Dr. Karishma Singh’s expert care and customized acne treatments, clearer skin - and renewed confidence - can truly be yours.

**Appointments fill quickly. Start your journey to clear, confident skin today.**

**CTA: Book Your Acne Treatment Appointment →**

**🔹 H1 (Main Page Heading)**

**Acne Treatment in Pune - Clear Skin, Real Confidence with The Skin Firm**

**🔹 H2s (Section Headings, SEO Optimized)**

* What Is Acne?
* Signs & Symptoms of Acne
* Why Choose Acne Treatment at The Skin Firm?
* How Our Acne Treatment Works
* Types of Acne Treatments We Offer in Pune
* Benefits of Acne Treatment at The Skin Firm
* Downtime After Acne Treatments
* Post-Care After Acne Treatments
* Why The Skin Firm is Pune’s Trusted Acne Clinic
* Before & After Results - Acne Transformations
* Patient Testimonials for Acne Treatments
* Who Can Benefit from Our Acne Treatments?
* FAQs on Acne Treatment in Pune
* Patients Visit Us From Across Pune
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**🔹 Keywords**

* Acne treatment in Pune
* Best dermatologist for acne in Pune
* Acne scar treatment Pune
* Pimples treatment Pune
* Chemical peel for acne Pune
* Laser treatment for acne scars Pune
* Acne care clinic in Pune

**🔹 Local Keywords**

* Camp, Pune
* Undri, Pune
* Pisoli, Pune
* Kondhwa, Pune
* Hadapsar, Pune
* Wanowrie, Pune
* Handewadi, Pune
* Lullanagar, Pune

**🔹 Meta Title (70 characters max)**

Acne Treatment in Pune | Best Dermatologist for Pimples & Scars

**🔹 Meta Description (160 characters max)**

Clear pimples, scars & acne with expert dermatologist-led treatments in Pune. The Skin Firm offers safe, customised acne solutions. Book your consultation today!